

# YouTube Video Critique

**Student Name:** Kelsey Willms

**Case # + Diagnosis:** Pod 7; Chronic Neck Pain

## Data for Video

Title of the Video	What is a Functional Capacity Evaluation?
Duration of the Video	2 minutes, 5 seconds
Number of Days on YouTube	Uploaded on May 20, 2011; 1,749 days
Total Number of Views	36,443 Views
Any Links to the Video	<a href="https://www.youtube.com/watch?v=-jd-fl4W1GQ">https://www.youtube.com/watch?v=-jd-fl4W1GQ</a>
Comments of the Viewers	There are no comments.

## Criterion for utility in the site.

Technical Aspects	
Images are clear	The images are very clear and the words that appear on the screen are easy to read.
Sounds are clear and background is free from noise	There is no speaking in this video, there are just actions and words on the screen. The background music is suitable for the atmosphere of the video.
Time to download is reasonable (about 10-15 minutes at the maximum)	Yes, it takes 25 seconds to download.
Author/creator	
The creator and/or organization providing the video are mentioned	The organization that created the video is Metriks Education, which was mentioned below the video. The additional following information was

	found on their website. The company was founded by Kevin Cairns who became a kinesiologist in 2004. The organization was created to provide health care professionals education on assessment and human measurement tools.
The information about the creator is up-to date	There is not information about the creator on the YouTube site, but on their website, the information about the creator was last updated in 2016.
<p><b>Provide further support for the use of this YouTube video on your case site.</b></p> <p>This YouTube video supports our case site because it informs the individual with upper back pain what a Functional Capacity Evaluation will consist of if they need it. The Functional Capacity Evaluation is used to assess individuals to see whether they are functionally capable to return to work after an injury. It measures the motor performance of both gross and fine motor skills of individuals to gather information about their abilities. However, this video does not describe every specific step in the evaluation, it provides a general description of certain items for the individual to expect.</p> <p>The evaluation can provide information about being functionally capable to return at one time point but maybe not at a previous time point. It measures the motor performance levels that the individual is capable of at each point in time. Therefore, it can show whether the person has made improvements in their ability to perform work duties.</p>	